

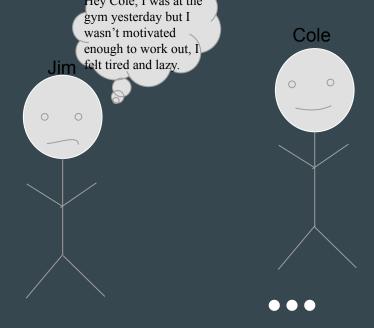
## StoryBoard

• • •

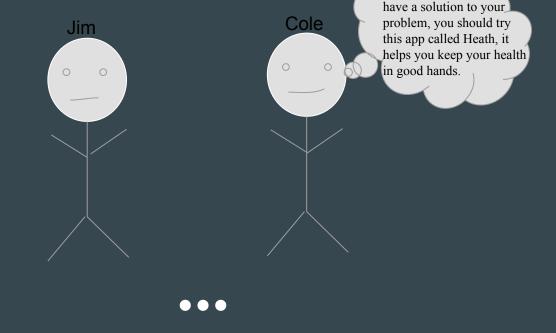
By: Shiv Patel



Jim is at the gym but he's not motivated enough to workout because he's feeling tired and lazy.



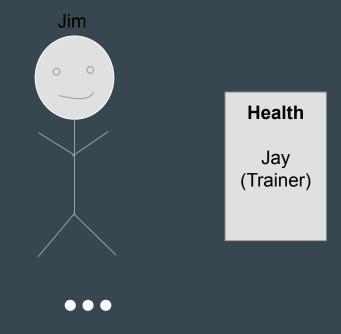
Jim runs into his friend Cole and talks about his problem of how he's not motivated enough to workout and being tired and lazy at the gym while working out



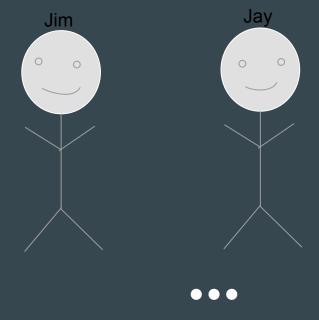
Cole recommended a health app where it tracks your health based on what you eat and recommends you some healthy food options to have good energy during the workout and you can also find a personal trainer that can help you achieve your goals.



Jim downloads the health app and answered some questions about his diet, daily activities, sleep schedule etc, so the app can recommend him some options to help him based on the questions he answered and Jim is also looking for a trainer to help him.



Jim found a trainer whos going to help him achieve his goal at the gym, makes sure he's eating good, healthy and getting good sleep. The trainer's name is Jay.



Jim is happy and feeling much better than last time and he's ready to workout with the help of the health tracking app and Jay (his new trainer).







1

Ş

3

0

2

3º

♣

0